

Regulatory Announcements

29 September 2008

Holding(s) in Company

TR1	NOTIFICATION OF MAJOR INTERESTS IN SHARES
------------	--

1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attached:	JOHN MENZIES PLC
---	------------------

2. Reason for the notification (please tick the appropriate box or boxes):	
An acquisition or disposal of voting rights	X
An acquisition or disposal of financial instruments which may result in the acquisition of shares already issued to which voting rights are attached	
An event changing the breakdown of voting rights	
Other (please specify): EU Transparency Directive	

3. Full name of person(s) subject to the notification obligation:	ABERDEEN ASSET MANAGEMENT PLC'S FUND MANAGEMENT OPERATING SUBSIDIARIES
--	---

4. Full name of shareholder(s) (if different from 3):	N/A
--	-----

5. Date of the transaction and date of which the threshold is crossed or reached:	25/09/2008
--	------------

6. Date on which issuer notified:	26/09/2008
--	------------

7. Threshold(s) that is/are crossed or reached:	5%
--	----

8. Notified details:

A. VOTING RIGHTS ATTACHED TO SHARES

Class/type of shares if possible using the ISIN CODE	Situation previous to the triggering transaction		Resulting situation after the triggering transaction				
	Number of shares	Number of voting rights	Number of shares	Number of voting rights		% of Voting rights	
				Direct	Indirect	Direct	Indirect
GB0005790059	2,997,316	2,997,316			3,106,816		5.16%

B. FINANCIAL INSTRUMENTS

Resulting situation after the triggering transaction				
Type of financial instrument	Expiration date	Exercise/Conversion Period/Date	Number of voting rights that may be acquired if the	% of voting rights

			instrument is exercised/converted	

TOTAL (A+B)	
Number of voting rights	% of voting rights
3,106,816	5.16%

9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable:

--

PROXY VOTING:

10. Name of the proxy holder:	
11. Number of voting rights proxy holder will cease to hold:	
12. Date on which proxy holder will cease to hold voting rights:	

13. Additional Information	Registered Owner: EDINBURGH NEW INCOME TRUST PLC - 127,667 DUNEDIN INCOME GROWTH INVESTMENT TRUST PLC - 437,000 DUNEDIN SMALLER COMPANIES TRUST PLC - 403,121 EDINBURGH UK TRACKER TRUST PLC - 9,649 SHIRES SMALLER COMPANIES TRUST - MAIN - 400,000 ABERDEEN LIFE UK SMALL COMPANY FUND - 237,502 ABERDEEN ICVC - UK EMERGING COMPANIES FUND - 1,044,761 ABERDEEN ICVC - UK MID CAP FUND - 357,116 ROYAL BLIND ASYLUM SCHOOL - 31,000 SCOTTISH NATIONAL INSTITUTE OF THE WAR BLIND - 59,000
14. Contact Name:	ASHISH VYAS
15. Contact Telephone Number:	01224 425 115

This notification is made in accordance with Rule 5.8.12 R(1) of the Disclosure and Transparency Rules sourcebook.

John Geddes
Company Secretary
0131 459 8180